

From Mary Richards of Ames, Iowa.
February 6, 2008

Mrs. Zucrow's Borscht

from Rosemary Notzold, UU in East Lansing, Michigan

Cook all day.

2 cans (1 lb. tomatoes) + 1 1/2 cans water OR 46 oz. tomato juice and 1 C water

2 lb. lean short ribs

1 small onion chopped

1/2 small head cabbage, shredded (I add this late in the cooking process)

1/3 C lemon juice

3/4 C sugar (I tend to use a bit less. Add to your taste)

1/8 t pepper

2 t salt (I usually don't add any at all, because there's usually enough in the tomatoes)

I usually remove the bones and connective tissue as soon as the meat is done enough and then add the onions.